



26 June 2011

# REGISTRATION FORM



[www.Ride4aReason.org.uk](http://www.Ride4aReason.org.uk)

**Entry Fee: £7 (£4 if under  
18)**

Send completed forms (with cheque payable to Verulam CC) by **20 June 2011** to:  
Ride4aReason, 4 Upper-Heath Road, St Albans, AL1 4DN

### YOUR DETAILS:

NAME: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

Postcode: \_\_\_\_\_

Tel. No (mobile): \_\_\_\_\_ (landline): \_\_\_\_\_

EMAIL: \_\_\_\_\_

Which route do you plan to follow:      25-mile ; 33-mile ; 44-mile ; or 64-mile route .

Do you want to be kept informed of Verulam CC's program of events: **yes/no**<sup>1</sup>

### EMERGENCY CONTACT DETAILS

NAME \_\_\_\_\_ Tel. No: \_\_\_\_\_

I, the undersigned, will be riding in a private capacity and agree to participate in this Ride4aReason leisure ride entirely at my own risk and that no liability shall attach to the Verulam Cycling Club, St Albans School, Hoo Farm Whitwell, members of the Verulam Cycling Club, Employees or Agents of St Albans School or Hoo Farm Whitwell, or any associated helpers, for any injury, loss or damage suffered by me in or by reason of this participation however such may be caused and whether by negligence or otherwise.

I acknowledge that the route map supplied by the Verulam Cycling Club is provided as a suggested route. I recognise that I shall be riding on the public highway and that I must all times obey the rules of the road, ride safely in accordance with the conditions and be aware of the hazards such as other traffic, roadworks and poor road surfaces.

I am satisfied that I'm medically fit enough to participate in Ride4aReason and agree to abide by its rules.

SIGNED \_\_\_\_\_ DATE: \_\_\_\_\_

### DETAILS OF RESPONSIBLE ADULT TO ACCOMPANY PARTICIPANTS UNDER 16 YEARS OF AGE

Accompanying responsible adult must also enter in their own right.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

Tel. No (mobile): \_\_\_\_\_ (landline): \_\_\_\_\_

I the undersigned will be the responsible adult accompanying the above rider.

SIGNED \_\_\_\_\_ DATE: \_\_\_\_\_

Where/how did you find out about Ride4aReason: \_\_\_\_\_

<sup>1</sup>Verulam CC will not disclose your details to third parties.

You can start at **any time between 08:00 and 09:30** (HQ open from 07:45).

**The rules of Ride4aReason (for your safety):**

Participants in Ride4aReason must:

- not be under 12 years of age on the day;
- be accompanied by a responsible adult if under 16 years of age on the day;
- not, if riding as a responsible adult, accompany more than 2 participants under 16 years of age on the day;
- wear a helmet and bright clothing;
- ensure their bicycle is roadworthy;
- not consume alcohol during the event;
- carry a pump and means of fixing a puncture and a mobile phone.

**Keep up to date:**

Visit: [www.Ride4aReason.org.uk](http://www.Ride4aReason.org.uk)

**Got a question?**

Visit: [www.Ride4aReason.org.uk/faq.html](http://www.Ride4aReason.org.uk/faq.html)

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**Administrative Use only**

Complete form	<b>Yes/no</b>
Date received	
Disclaimer signed	<b>Yes/no</b>
Cheque enclosed	<b>Yes/no</b>
Cheque payable to:	